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787 astrologer, who, however, normally leaves his patient to guess which of his enemies
754 has injured him. Public accusations of witchcraft and sorcery are theoretically not
564 permitted, although Nāyars have been known to take the law into their own hands and inflict beatings on Pānans and Parayans whom they believed to have attacked them
755 through witchcraft. Normally, sickness resulting from possession by a ghost or demon
754 as a result of witchcraft or sorcery is counteracted by exorcism. Local specialists of
564 the castes of washermen, astrologers or umbrellamakers are hired to attend at the
787 patient's house. There they make sacrifices to patron spirits whom they themselves control. Later, they voluntarily become possessed by these spirits and perform frenzied dances in hideous masks before the patient, calling upon the alien malevolent spirit to leave him. The patient usually goes into a hysterical fit, after which the sickness may subside. Exorcism by masked dancing of this kind is known as *kōlam tullal*. Any form of rites or spells to control ghosts or minor deities, whether evil or beneficent, is covered by the general term *mantravādam*.

Analysis

769 The analysis of beliefs and practices centering about alien ghosts involves the
182 following questions: 1) Why are alien ghosts appropriate objects of fear? 2) How do these fears fit into the general pattern of Nāyar handling of aggression? 3) What psychic and social functions are fulfilled by the institutions surrounding alien ghosts? The answers to these questions will relate the alien ghost patterns to the functioning of the local community and its subgroups, and to the expressive needs of individuals.

769 *Alien ghosts as objects of fear.* Alien ghosts are individuals who suffered unusual or
152 premature death. People expect them to be especially malevolent. This expectation
182 is based on their presumed envy of the living, and in some instances on the fact that, having found death through violence and hatred, they can be expected to continue to be violent and hateful. Hence they are appropriate targets of fear.

Alien ghosts are the focus of more violent fears and hatreds than are the ghosts of matrilineal forebears, for they can be even more capricious and wantonly punitive.
[865] As we have seen, Nāyars do express a limited amount of aggression against lineage ghosts, and I have suggested that this is because their aggression training is not so strict as to prevent them from acknowledging to themselves some degree of hostility toward living matrilineal elders. Their projected aggression toward lineage ghosts, however, is constrained—like their aggression toward living elders. These ghosts, although punitive, are more protective than alien ghosts.

Alien ghosts are congenial objects for more violent aggression and fear, precisely
[564] because they *are* alien. They are securely outside the individual's most significant set of personal relations—those of the lineage. Even Brahmans, whose aggression training is so severe that they are unable to acknowledge hostility between themselves and their own ancestral ghosts, express fear and hatred of alien ghosts.

I assume that the fear and hostility which is directed at alien ghosts really has its source elsewhere. My reason for this assumption is that, although the fact that they died unnaturally provides a plausible reason why alien ghosts should be thought of as generally hostile, there is in most cases no ostensible reason in the individual's own personal relationships to alien ghosts which would account for their being chosen as the targets of hatred and fear. Presumably, if we follow psychoanalytic theory, the ultimate sources of these fears lie in familial relationships. This would seem reasonable

their ghosts unusually dangerous. Instead of being burned by their matrilineal kin, the corpses of these persons are buried hastily by men of the washermen's caste—a caste particularly associated with demon propitiation and voluntary ghost possession. The spirits of these victims become alien ghosts. In their anger they may possess and cause injury to persons of any caste in their community. But only the lower castes can induce shamanistic possession by them, and it is chiefly (some say only) the lower castes who can control them to work good or ill. Appropriately, Nāyars believe that low caste witches perform additional rites connected with highly polluting objects and places in order to enhance their evil power. Witches, for example, are believed to procure a magical substance by abstracting the foetus from the body of a pregnant woman and boiling it in a cremation ground, to the accompaniment of spells to a favorite ghost or patron demon.

There is, however, a qualitative difference between the Nāyar fear of direct attack from an alien ghost and the fear of witchcraft or sorcery. An element of morality enters into the former fear, even though alien ghosts are more wanton and capricious than lineage ghosts. Although they are malevolent and hateful, alien ghosts must, like lineage ghosts, be respected and propitiated, and there is a feeling that they have the right to be as they are. When they are associated with regular cults of the *taravād* and the village, moreover, alien ghosts can also afford some vague measure of protection from misfortune to those Nāyars who conscientiously arrange for their propitiation. It follows, therefore, that the alien ghost attached to a *taravād* or a village temple acts in some measure as a kind of conscience for the Nāyar in his relations with low caste people. For a Nāyar *taravād* which arranges grand festivals for its alien ghosts, lavishing gifts on the low caste officiants who propitiate them and represent them as oracles, is also likely to be a *taravād* which has good relations with its lower caste servants in all contexts of living. In the case of the Nāyar relation to alien ghosts of his *taravād* and his village, as in the case of his relation to lineage ghosts, the concept of reprojection of the superego may therefore be appropriate, as well as that of the simple projection of aggressive id impulses. For while there seems no doubt that the Nāyar projects on to alien ghosts some of the aggression which he has toward the lower castes, just as he projects onto lineage ghosts some of the aggression he feels toward matrilineal elders, these ghosts act also as stern monitors of his conduct in relationships, respectively, with the lower castes and with matrilineal kin.

The situation is somewhat different with regard to beliefs in witchcraft and sorcery. It is true that a Nāyar who has recently wronged an untouchable or an affine may be one most likely to suspect untouchables or affines of attacks by sorcery. But he does not—at least openly—phrase the attack in terms of justifiable retaliation for his own wrongdoing. Instead, he speaks of some anonymous affine or low caste person who, out of his own envy and wickedness, has used his evil power over a patron ghost in order to harm an innocent person. Nor does the Nāyar respond to the attacks of witches and sorcerers by humble propitiation of the possessing demon. Instead he engages a low caste practitioner of his own to exorcise the demon with the help of a superior ghostly power. Thus, while both the belief in sorcery and the public cults of alien ghosts probably reveal, indirectly, the projection of Nāyar aggression against out-groups, they operate in different social contexts. Witchcraft and sorcery are regarded, by Nāyars who are the recipients of these attacks, as the evil work of envious persons against those more successful than themselves. They are seen as covert substitutes for

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was still undivided commented to me on this change. "In my *taravād*," he said, "I dare not speak before the *kāranavan* without standing and placing my hand before my mouth. But in K. *taravād*, after their partition, I have seen the nephews sitting to play cards with their uncle and passing the cigarette from their mouth to his. When I saw this I knew that relationship means property, and without property there is no relationship."

Moreover, the change to elementary family households does not merely entail a shift of the same disciplinary functions from the mother's brother to the father. Nāyar fathers have a tradition of indulgent tenderness toward their children and are loth to discipline them. Even when they are forced to do so, the techniques of discipline differ from those in a traditional *taravād* house. In the intimate atmosphere of the small elementary family household, traditional etiquette is abandoned. Children learn to obey both parents from love more than from fear. There appears to be a much deeper repression of aggression than in the traditional setting, and correspondingly, many young Nāyars cannot entertain the notion that their parents' ghosts could act punitively toward them. It seems probable that such changes in the modes of handling aggression—affected also by the collapse of the military tradition and the modern legal ban on all forms of physical aggression—may also lie behind the repugnance of modern Nāyars for such other traditional religious forms as blood sacrifice and spirit possession.

Also important in the abandonment of ghost cults is, however, an increased tendency toward the adoption of Sanskrit rites. This tendency, which has marked all the non-Brahman castes during the past hundred years or so, I would associate with increasing mobility within the caste system and, most recently, with its gradual collapse. For the Nāyars, as for the lower castes, the Brahmans are no longer a group with whom they have fixed status relationships. Instead, the Brahmans are now a reference group whom the Nāyars emulate and with whom they compete in the struggle for high rank and respectability. Some Nāyars who still hold their traditional beliefs in ancestral spirits and deities deliberately "purge" their rites of non-Sanskritic elements in order to gain respectability. Others have changed both rites and beliefs toward a modified form of the Brahmanical religion, even while they are busy repudiating the religious authority of the Brahman. Yet others, whose number is probably increasing, repudiate both Brahmanical and non-Sanskritic religions in their orthodox forms. Instead, they work out for themselves a more or less agnostic world view with humanitarian ideals, in which ceremonies, if they figure at all, figure only as acts of piety toward respected persons.

The cults of alien ghosts are also changing their form and gradually dying out. This change accompanies the gradual collapse of the caste system as a system of ranked occupational groups linked by hereditary service ties. The collapse of the caste system itself results from the growth of the capitalist market economy and the democratization of political institutions. Some Nāyars retain their beliefs in witchcraft and sorcery, but the categories of persons whom they suspect are no longer solely caste determined. They are as likely to include fellow factory workers or competitors in government service, irrespective of caste. Professional exorcists of appropriate caste are often no longer available, for many have left their traditional work. So also have many of the low caste families who formerly propitiated ghosts and minor deities associated with village temples or with Nāyar *taravāds*. Since the passing of the Temple Entry

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please the serpent god and to flatter him so that he may bear the welfare of the host in mind, and guard the family against disease, misfortune and harm accruing from human or supernatural agencies.

There are three important ceremonies in connection with serpent worship called *sarpa yaga*, *sarpa tulal* and *sarpa preeti*. They are conducted either at home or in the temple, usually on Sundays, since it is held that the serpents are most powerful and lenient on that day and are in a benign mood for granting favours.

Sarpa preeti is conducted in the house whenever misfortune occurs. The astrologer is consulted who decrees that a curse is upon the house and the serpents are angry. Thereupon elaborate worship is conducted with much ritual, and propitiation of the angered deities is effected and normalcy returns.

Sarpa tulal is a form of divine cure of the afflicted. The unfortunate victims of leprosy, mental or other diseases gather to worship the serpent gods praying for a cure. The priest conducts the worship and the afflicted go into a trance-like state and dance in religious fervour. Thereafter the priest throws consecrated turmeric powder on their heads and faces. The devotee feels blessed and cures are believed to occur.

Sarpa yaga is an annual festival in which many families jointly contribute to hold the ceremony. It is held usually for the collective prosperity of the village and lasts for two or three days. The afflicted and diseased persons dance in a trance for a long time and are given coco-nut water by the priest. At the end of the *puja* the priest sprinkles turmeric powder over the heads of the devotees and pours out holy water thrice in the palm of their hands.

One of the special attributes of snakes is their power over disease. The snake deities are specifically importuned for the prevention of skin diseases, stomach disorders, mental disturbances and for sterility. Leucoderma and leprosy are specially regarded as due to the curse of snakes who might have been angered by some unwitting disrespect shown towards them, or by accidental misdemeanour on the part of the inadvertant devotee. Of particular impor-

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of particular importance is the ritual conducted in the case of barren women who seek divine intercession of the serpent gods. The afflicted couple come on a Sunday morning to the snake temple after a purificatory bath and after putting on new garments. They request the priest to conduct a propitiatory *puja* and offer flour to the deity. Thereafter, a bronze plate on which the name of the person is carved is placed inverted at a spot. After a year when they have been blessed with a child, they repair to the temple once more to offer thanks for the boon granted. The child is helped to lift the bronze plate and under it a small serpent is observed signifying that all is well. In the event of there being no snake underneath, it is taken as a bad omen predicting the death of the child. If even after ten years no child is born to the couple, the unretrieved bronze plate is discarded, on the presumption that the deity has not seen fit to grant the wishes of the devotees.

There is also a class of pious people who have through their devotion to, and worship of, the snake deity, acquired the art of curing victims of snake-bite. They are called *sarpa vaidyas* and cases of snake-bite are brought to them for treatment. The man chants certain magical formulae and tears a betel leaf in front of a pot of milk. The serpent is supposed to come out of hiding and to withdraw the venom, thus effecting a gradual cure.

But modern trends are contrariwise, and a gradual decline is discernible in the ritual of snake worship in a large majority of households which have snake shrines. Less emphasis is paid to the traditional worship of the serpent, and what little propitiation is done is more or less symbolic. Makeshift arrangements are often made, and worship by proxy is offered by the priest, in the absence of the family members, who merely pay a fixed sum to the priest for his labours, and thereby absolve themselves of the guilt of neglecting the snake gods.

Apart from simplification of the ritual of snake worship, yet another symptom of the decay of the cult appears to be the reduced importance that is given to the upkeep of the existing snake shrines. Many erstwhile sacred shrines are in a dilapidated condition. Perhaps in future, snake worship itself might become a thing of the past.

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776 round by south to the westward, and leaving the enclosure proceeds to a certain banyan tree under which is a high raised platform built up with earth and stones. Preceding the procession at a distance of 50 yards are the nine men of the Tîyan caste, mentioned already, carrying kalasams on their heads, and a crowd of women of the same caste, each one carrying a pewter plate—*larger* than the plates used when encircling the fire pit—on which are rice, etc., and the burning wick as before. The plate and its contents on this occasion as well as before is called talapôli. I could not make out that anything in particular is done at the banyan tree, and the procession soon returns to the temple, the nine men and the Tîyan women following, carrying their kalasams and talapôli. On the way, a number of cocks are given in sacrifice by people under a vow. In the procession are a number of "devil dancers" garlanded with white flowers of the pagoda tree mixed with red, jumping, gesticulating, shouting, in an avenue of the crowd in front of the elephant bearing the sword. The person under a vow holds the cock towards one of these "devil dancers" who (never ceasing his gyrations, mad-like gestures and contortions), presently seizes its head, wrings it off, and flings it high in the air. The vows which are fulfilled by this rude decapitation of cocks have been made in order to bring about cure for some ailment.

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The procession passes through the temple yard, the enclosure, from west to east, and proceeds half a mile to a banyan tree under which, like the other, there is a high raised platform. When passing by the temple, the Tîyan women empty the contents of their plates in the fire pit as before, and the nine men hand over the arrack in their kalasams to the temple servants. Let us note here as we go along the curious distribution of this rice which is heaped in the fire pit. Two-thirds of it go to the four Tîyans carrying the Pû (flower) kalasams and one-third to the five who carried the Jannakalasams. Returning to the procession, we find it at the raised platform to the east of the temple. On this platform have been placed already an ordinary bamboo quart-like measure of paddy, and one of rice, each covered with a plantain leaf. The principal devil dancer takes a handful of rice and paddy and flings it all around. The procession then visits in turn the gates of the gardens of the four owners of the temple. At each is the measure of rice and the measure of paddy covered with plaintain leaves as before, beside them

776 the necessary solemn ceremonials. Sandalwood is the fuel used
766 sometimes. A small pit is dug which is covered with sandalwood
825 pieces and they are set fire to. When the flame burns intensely the body is quietly placed in it, and reduced to ashes together with, in some cases, incense and myrrh. This is believed to mitigate the dangers consequent on the death of the serpent.

776 "The popular conception of the family cobra is that it is a
825 tiny little thing with a full developed hood, and fangs, and possessing a golden tinge; which shine brilliantly in the rays of the sun. At the sight of human beings it gets away to its holy shrine exhibiting a reeling motion on its way thither. It never gets far away from its abode of which it is the perennial guardian.

564 "One striking phase of serpent worship in Malabar relates
776 to the family of Pappanmakkat Nambudris and the singular and effective control they exercise over serpents in general. Their
825 powers are handed from father to son. It is said that this Nambudri household is full of cobras which find their abode in every nook and corner of it. The inmates can scarcely move about without placing their feet upon any one of these serpents. Owing to the magic influence of the family the serpents cannot and will not injure them. The serpents are said to be always at the beck and call of the members of this Nambudri family and render unquestioned obedience to their commands. They watch and protect the interests of the family in the most jealous spirit. In short, these reptiles live, move, and have their being as freely as if they were domesticated animals imbued with supernatural powers.

[755] "Cases of cobra-poison are generally taken to this Brahman family and the headman sometimes summons before him the identical animal which caused injury and it is said successfully effects a cure as if by some mystic and magic influence.

825 "The serpent also plays a conspicuous part in contracts
425 between citizens. The family serpent is in old deeds the
776 subject-matter of sale. The sale of a house compound extends also to the family serpent. The stipulation in these documents invariably is that the family serpents are sold along with the properties; and even in cases of division of family property amongst its several branches of members, the family-serpent is included in the division. Such is the sacred prominence which has been given to the serpent amongst us. Their anger
[753] is said to manifest itself in some member of the family being
[982] struck down with leprosy or some other loathsome disease; while by their propitiation they can be converted into the guardian angels of our households, powerful enough to preserve the prosperity of the inmates as well as to vouchsafe their complete immunity from the attacks of virulent diseases and sometimes even from death."

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The *Santâna gópâlam* yantram. As a whole, it represents Sri Krishna. The letters in it (there are 101) put together in a certain way form a mantram. It is used by barren women so that they may bear children. It may be traced on a metal plate and worn in the usual way, or on a slab of butter which is then eaten. When the latter method is adopted it is repeated on 41 successive days, during which the woman as well as the Panikkar may not have sexual connection.

The *Srî Sûkra* yantram is another used by childless men and women in order to obtain offspring. The others are prophylactic against evil spirits (chiefly), to defeat enemies, to succeed in all undertakings and prevent loss of property by theft, to win over the good feeling of others, and so on. The *Sudarsana* yantram not only relieves sickness, but when drawn in 5 colours on the ground and worshipped while repeating a mantram (too long to quote) wards off the evil influence caused through black magic! Another, the *Navva* yantram, drawn in ashes of cowdung on a new cloth which is then tied round the waist, relieves a women in labour. Yet another, the *Asvârûdha* yantram (Asva, horse; ârûḍha, to climb) would also be useful to some people, as a person wearing it is able to cover long distances easily on horseback; and he may make the most refractory horse amenable by tying it round its neck. It will also help to cure sick cattle. In some the letters or syllables form a distinct mantram, while in others each has its own mystic meaning.

Let me hasten to assure any one desirous of applying one of these charms to himself that they are entirely inoperative unless accompanied in the first place with the mystic rite which is the secret of the Panikkar.

Magic—The Evil Eye.—One day as I reached my camp in the Kôttayam taluk, North Malabar, my ears were assailed by the din of incessant drumming hard by. In the evening I was able to see and converse with the drummer, Châtu by name, aged 23, by caste Malayan. The Malayans are hereditary professional magicians, few in number, inferior in the social scale. They are not the only magicians. We have seen already (Bulletin, Volume III, No. 1, page 50) that some of the Nambûtiri Brahmans practise magic; but to the Malayan the Nâyar appears as often as to any other kind of mantram-man.

Châtu was delightfully communicative. He had been putting away the effects of the evil eye from one of his clientèle;—hence the din. In effect he said: certain

754 persons have the evil eye by nature. Potta Kannu, blind eye it is called. A person having the evil eye may, while *thinking evil*, infect man, woman or child by simply looking at them. Those who have the evil eye are generally women: men rarely. The cause is in the eye itself. No evil spirit is in any way connected with it. A woman may affect her own child. A person having the evil eye, looking at a beautiful or a healthy child, will affect it without intending to do so. The injury done through the eye is often unintentional. The power of the eye to do mischief is altogether beyond the volition of its possessor; but it is excessively virulent when mischief is really intended. Colour of the eye matters nothing. Nor is possession of the evil eye confined to [564] any caste. He knew a Nambûtiri who had it. The effect of it on a child is that it becomes lean, feverish, loses its well-favoured appearance, and cries in its sleep. Men and women suffer from headaches and pains in the limbs. Animals are disposed to lassitude and eat little. Cows will not give milk.

791 The Malayan drives away all these unpleasant ailments by invoking an evil spirit Vuḍikandan by name: 755 male, having no wife. By means of magic he *forces* [776] Vuḍikandan to do what he requires of him. But how? The process he would not tell. It is secret. That is, all but the drumming. No one outside the Malayan caste may be initiated into the fearsome mysteries. The spirit Vuḍikandan is used for no other rite. The Malayan also drives out evil spirits.

755 Châtu presented me with a mantram, a magic verse, [824] written with a style on a cadjan leaf, the common stationery of Malabar, and told me that whenever any [212] part of my person becomes affected by the evil eye, I should whisper the mantram over a piece of string and tie the string round my leg, or other limb or part of the body which suffers, and cure will take place instantaneously.

He works by day: never by night. A whole day is occupied in driving away injury through the evil eye in a bad case. He need not be starving; in fact has a good meal before he begins. The generous Châtu presented me also with a couple of mantrams such as would cure an easy case of harm through the evil eye, and explained their use.

[539] (1) "Ôm: Namo: Bhagavatôm Srîparamêsvaranûm Srî Pârvati yum Pallivêṭa Nâyaṭinnâî Ezhunellumpôl Srî

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Pârvati kê kannêru dôsam undâî Srî Paramêsvaran Srî Pârvati ute kannêru dôsem Tîrtâtu pôlê Tîrnupôka Svâmi en guruvînâna."

(I prostrate myself to Bhagavati. When Sri Paramesvaran and Srî Parvati went hunting, Srî Parvati was under the influence of the evil eye; Srî Paramêsvaran then put away this influence. I swear by my guru.)

(2) "Ôm Pêpûti Vôrrûpôti Yerrîkâ Swâhâ Yên Guru Vinâna."

The meaning of this is not clear. "Ôm"=I. "Yerrîka"=burnt. "Swâhâ" (used as a verb)=devour. "Guru Vînâna"=by the guru or teâcher. But in mantrams the word guru invariably means the deity.

Mantram (1) is whispered on sixteen grains of rice: on each grain separately, not on all together. As the mantram is whispered on each grain, the grain is placed in oil. When the sixteen grains have been placed thus in the oil, it is stirred while the mantram (2) is repeated sixteen times. The magician then hands this oil in silence to the person who has been injured by the evil eye. The person receives it also in silence, and rubs it over his head. No word is spoken until he has finished.

Fear of harm from the evil eye is very general. At the corner of the upper story of almost every Nâyar house near a road or path is suspended some object, often a doll-like hideous figure, on which may rest the eye of the passer by. And of course in every field some object is erected for the same purpose.

Magic such as is practised by the Malayan, or the Panikkar, is quite fair and above-board. It is, as a rule, all for good: never for harm. Nearly every misfortune, bodily ill or ailment, and even death is caused by some malignant spirit or through its agency, and the warlock has business everywhere relieving people from their oppression. I feel perfectly safe in saying that every Nâyar believes in magic through and through. No matter what his collegiate course has been, no matter how full of knowledge such as the West can give him, no matter how thrilled he may be by the higher Hinduism which condemns it altogether, he believes in magic as the cause of ills, and he believes in magic for removal of these. It is the last resource always, and the most powerful means in the hands of man. What are medicines, what is all our western science compared to it! The Nâyar will not, I trust, be offended by these remarks, which after all mean nothing more than that he

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spirits can be seen. At night their mouth is full of fire of different colours, but it throws out no rays. That it throws out no rays is important because therein is supposed to lie the distinction between an ordinary light and the fire in the mouth of a spirit.

The *Prētam* is supposed to hover round its burial place or the place of its accident. Everyone is warned off such a place at night time. The hours during which these *Prētams* appear are between 9 in the evening and 3 in the morning. It must be noticed here that the *Prētam* of a "black-magician," as distinct from a social magician like the *Kāniyān*, has more power to do mischief: it has more "*oreada*," so to say. The man who practises black magic invariably dies a violent death, and his *Prētam* hovers round the scene of his former activities.

"Man dreads above everything else," says S. Reinach,[1] "illness and death, punishments inflicted by the angry spirits with which his imagination peoples this world." This is absolutely true with regard to the Nāyars. Disease is generally believed either to be the outcome of offending a god or due to the magic performance of interested relations. Preventive sacrifice is very common, and every year all respectable Nāyar families perform some sort of propitiation ceremonies in the village temple. If a whole village is ravaged by some epidemic, the villagers inquire into the matter through the astrologer, and if he finds, as he usually does, that it is due to the wrath of the village god or goddess, ceremonies of various kinds are at once undertaken and goats are offered as sacrifice, and sometimes a *Desavalathu*, a procession of the people with images, around the village is performed.

But such occurrences are rare. Only epidemics are put down to the wrath of offended gods. Other diseases as well as misfortunes are put down to the influence of *Prētams*, bribed into action by jealous or covetous relatives. When any great misfortune, such as a succession of deaths, happens in a family, the first thing that is done is to consult the astrologer, who is sure that a ghost is working it under the influence of magic. His prescription is, of course, counter-magic, to be performed by himself. An offence to a god can easily be rectified if one does some elementary sacrifices, but the performance of counter-magic is neither so inexpensive nor so easy. First of all one has to get rid of the evil already done. For that elaborate ceremonies may be necessary. Secondly, ceremonies to keep one immune from future attacks are essential. If it is any woman who is possessed of the devil, and it is women who generally suffer from these things, an expensive and elaborate devil dance called *Kolam Thullal* has to be performed. For this the village has to be informed, and each family in the village is supposed to contribute something in kind to the expenses and take its share in the work. The ceremony is as follows:—

Preparations for the dance must begin a good many days beforehand. The *Kāniyān* of the village with twelve others of his people come to the house where the

[1] *Cultes*, p. 37.

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ceremony is to be performed and each of them puts on a mask made for the occasion and paints himself in such a way as to look really terrible. The mask of each has a different expression. At about 8 o'clock in the night, the girl (or girls) possessed of the devil is brought in front of the house where are gathered all the people of the village. The whole place is illuminated with big lamps and the girl sits alone, sometimes supported by her mother. Then one by one the masked magicians come before her and execute most frightening dances to the accompaniment of terrifying music. In dancing they make various gestures, possibly with a view to mesmeric effect, and throw various sorts of power, and *rudhilam*, prepared to look very much like blood, is brought into great prominence. Dancer succeeds dancer, each more terrible looking than his predecessor, and the poor girl loses control of herself and falls into a sort of hysteria, in which the devil in her confesses where it came from and who prompted it,[1] etc. In that case the dance is supposed to have been successful and the devil is supposed to have been cast out.

This *Kolam Thullal* is performed on various occasions. The only time I have witnessed it was in 1913, when passing through a village situated in the very heart of the country. The "subject," on that occasion, was a child-mother of fourteen, and the reason for the performance given by her brother, when asked by me, was that the girl had fainted four or five times during the month "without any cause," that they had found out through the astrologer that her husband's relations had been trying to cause trouble by evil magic.

A milder and less expensive form of the same dance is *Velan Thullal*. In this only one man dances with almost the same paraphernalia as the *Kāniyāns* have for *Kolam Thullal*. This variety, however, is generally used only to cure children.

Such performances are only for the ghosts of dead men who have entered into girls or children. But if *Kutti Chattan* tries to do harm, these practices are of no avail. *Kutti Chattan* (sometimes merely *Chattan*, *Kutti* means boy, a term of endearment, *Chattan* is supposed to be a corrupted form of Satan) is in no sense a god. He is something like Puck, very much inclined to mischief. He is supposed to be a dwarf, though he can assume any other form or remain invisible as he chooses. He never goes out of his way to harm anyone, though if anybody injures him once, *Kutti Chattan* never forgives and keeps on troubling him for life. His favourite method of annoying anybody is by throwing stones at the house or dropping unclean things in the food. He may do so without interruption, which would render life almost impossible. He is supposed to have no fingers and, therefore, his vices can be thwarted by people who know it. For example, he cannot pick up things if kept in a place

[1] Note; the "confessions" are without doubt due to subconscious suggestion. The whole scheme of the dance—the music, the masks, the lighting—seems to be arranged with the sole purpose of rendering the "subject" liable to suggestion. More than this, the girl herself believes that she must be possessed of some ghost, and therefore the ground for suggestion is already prepared.

776 high above his reach unless, of course, there is something near by on which he could climb. He cannot untie a knot, as he does not possess fingers, though he can open the strongest lock. What rich people do to keep their money out of his reach is to tie a knot on the purse and keep it locked in a safe, the latter precaution being necessary against human hands that possess fingers.

776 *Kutti Chattan* can, of course, be tamed by magicians and bribed to do whatever
791 his patrons like. There is a story that a Brahmin landlord who was also a magician
773 tamed a *Kutti Chattan* and used him for the purpose of keeping a watch on his things. A Christian tenant of his who had gone to pay the rent, not knowing the existence of the invisible and mysterious detective, stole certain things and took them home with him. But lo! *Kutti Chattan* had followed him, and the man was found dead next morning, and the stolen things were in their place. Such is the power of *Kutti Chattan*, the household elf of Malabar.

771 Whether the practices here narrated and the belief in the existence of a "naughty elf" amount to religion depends very much upon the definition we give to it. Though they are distinctly social and possess social sanction, I do not think it can be called religion, because there is a fundamental difference in the emotional and psychic aspects of religious experience and practice, and such social beliefs and customs as I have described here.

754 But side by side with this there also exists "black magic," sinister, selfish, and
771 anti-social. It is fast disappearing, more as a result of economic pressure than be-
[178] cause of any growing disbelief in it. A young man has no time now to devote him-
[787] self entirely to sacrificing goats and birds all night and chanting formulæ so that he might become possessed of magical power. Those young men who have devoted themselves to such practices are, however, looked upon with great fear. The community does not like such practices, and though these magicians may excite fear, they are also aware of the general belief that they will some day come to a disastrous end.

Their practices are carried on in secret and nobody knows what they do except those initiated. Their assistance is procured only by people who want to do harm to others or satisfy ignoble desires. A man often gets the help of a magician of this sort to perform his "art" so that an enemy of his who is gone on a pilgrimage may not return. They are avoided by all decent people, and society in general, though it fears their "art," considers them charlatans.

754 There are many minor superstitions that can be only briefly noticed here.

784 *The Evil Eye.*—The magical effect of the evil eye is a matter of very serious
123 concern among Nāyar women. I remember being taken to task for telling a woman how healthy her boy looked, and must add that I felt as if I had been convicted of a heinous crime when four or five days later I was told that the child was ill. The
[755] entire feminine opinion of the village was convinced that the child was suffering from my evil eye, and a good many *mantrams*, or magical formulæ, were said over it before the child was well again.

8:Panikkar I-4, 5 (no date) 1918 AWll Kerala AWll
Nayar

the child was well again. With this idea of evil eye is bound up what is known as *Kari-Nakku*, or black-tongue. When a man with *Kari-Nakku* utters anything it has effect at once. When the evil eye and *Kari-Nakku* are combined, then it has "much *orenda*" as an Angotkin would say. If your newly built house is looked upon with an evil eye and some good expression used by such a man about it, a lightning might set fire to it and destroy it the same night. If your mango tree is full of fruit this year and a man with an evil eye and *Kari-Nakku* looks at it and says "how fortunate," it might happen that for years to come it would bear no more fruit. If an envious woman, aroused by the green-eyed monster of jealousy, remarks how pretty a girl is, her hair might begin to fall off, her colour might fade, her cheeks might lose their bloom.

The fact to notice with regard to this is that you have to say complimentary things to effect evil. If you said how ugly a pretty girl is it would not affect her. You must say, out of your heart, how beautiful she is and then it might have effect. Everything is supposed to depend on whether it is said with or without design. If anything is said with design there would be no effect. Only when such exclamation comes out of the heart has it the power to do evil.

Koti.—Another evil-working power is *Koti*. The word literally means desire, but as an evil force it works only when a hungry person sees a rich and healthy fellow eating a good meal. If a poor man sees you eat, and his mouth waters at the delicacies before you, you are sure to suffer from his *Koti*, you will get stomach-ache and even dysentery. It is the particular look of the hungry man that has the evil effect. When once a man begins to suffer from another's *Koti* the only way to get over it is to eat some salt over which some *mantrams*, or magical formulæ, have been repeated.

The tabus which are prevalent among the Nāyars are too many to be described in detail here. A few examples will show how, even in the most important matters, life is regulated in primitive society. The reason for such prohibitions, as M. Reinach points out, is to live at peace with the spirits that are supposed to surround you.

You are prohibited from eating your food at dusk. It is supposed to be an awful sin, because everything is considered to be in "a state of suspended animation" in the very short period which marks the transition from a hot tropical day to a cool and breezy night. You cannot do anything at that time except bathe or pray. There are tabus on what you may do on particular days of the week:

> "*Ravicha Kujickalum*
> *Vyāzicha Kulikkarutu.*"

This is a typical example of the Nāyar tabu. Its meaning is this: "Even if you have an oilbath on the seven days of the week, don't do it on a Thursday." Though there is no reason assigned for such a prohibition, there is a sufficiency of

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made even of gold or silver and consecrated for worship in Brahman houses. They are also presented to Brahmans by those on whose date of birth an eclipse falls, and this is done to mitigate the wrath of Ráhu.

Cases of snake bite are of frequent occurrence in the northern parts of the State where snakes abound; and nowhere else is the Hindu treatment so skillfully practised as to effect a radical cure by medicines and incantations. When information regarding snake bite isconveyed to a physician, or a bitten man is taken to him, the latter can, by the chirping of a lizard or other tokens, make out the nature of the case and also whether it is curable or not. It is said that physicians should not go to a patient's house, and the following story is given in explanation :—

Once when the emperor Parikshit was ordained to be bitten by the great serpent Takshaka, the latter set out in the disguise of a Brahman. On his way he met another Brahman who, on enquiry, turned out to be a physician on his way to cure the king. With a view to test his ability, Takshaka bit a tree which was at once reduced to ashes, but the physician removed the poison, and the tree regained its former state. Takshaka, admiring his ability, loaded him with immense wealth and dissuaded him from going to the king. He also made him promise that he should never volunteer his services in such matters unless patients were taken to him. In some families the profession is hereditary, the most prominent among them beingt he families of Kokkára Nambuthiri and Máliyakal Karta.

Tutelary deities.

In every village are to be found guardian deities that protect the villagers from the malevolence of demons which are supposed to occupy an intermediate place between gods and men. The temples of the Nayars in which are enshrined these village deities or *Gráma-dévatas* are far less imposing than those of the Brahmans and are callad *kávus*. The deities commonly represented are the consort of Siva or some manifestation of that female divinity, and Ayyappan or Sasta; and these are supposed to keep in subjection the demons and spirits which are ever prone to do harm to the people of the village. Thus, though the demons are objects of worship, the propitiation of the guardian deities and the festivals held in their honour are considered to be sufficient to curb

9:Iyer E-4, 5 (ca. 1902-1906) 1912
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with the hand which is, in token of veneration, then raised to the head. Milk, curd, ghee, urine and dung are mixed together and used for purificatory ceremonies; and the images of gods are anointed with this holy mixture called *panchagavyam*. Small doses of it are even taken internally, and it is considered an antidote against poison, besides being prescribed as a *prâyaschit* or expiation for offences against caste, whereas the sprinkling of water mixed with dung removes sin or pollution from all persons, places, or things, and purifies them. The bull, the vehicle of Siva, is also held sacred, and a statue of it in granite is either placed in front of the image of Siva or in a separate shrine, and is worshipped as a God. The lizard associated with Siva, the monkey with Hanumán, the Garuda (the brahmany kite) with Vishnu, and the peacock of Subramania are a few of the other animals of Hindu veneration.

Of the birds of ill omen, one species of owl called *pullu* is much dreaded because of the belief that it causes an illness to children which results in emaciation. At the sound of its screeching, children are taken into a room to avoid its injurious gaze. Various are the propitiatory ceremonies performed by specialists to secure its good-will and to prevent its doing harm to babies; and amulets are worn by children as a preventive against its evil influences. Its hideous screeches are always associated with death.

Among trees, some are worshipped while others are used for *pûjas* or sacrifices. Among the former may be mentioned the pipal (Ficus religiosa), a tree which is held in veneration by the Hindus. Persons afflicted with maladies or whose planets are unfavourable, go round a pipal tree, seven, twelve, forty-one, or one hundred and eight times, muttering prayers and burning camphor and other incense at its foot or perchance engage Brahmans to do so, in the belief, that it will cure disease or counteract evil influences. The *vilva* (Ægle marmelos), whose leaf of triple form is supposed to represent the three eyes of Siva, and symbolise his triple function of production, destruction, and re-production, and the *tulsi* (Ocymum sanctum), which is sacred to Vishnu, are also worshipped. In front of every house, generally on the eastern side, or in the central yard of a quadrangular structure, is a stone or mud altar, on which *tulsi* or the *vilva* is planted and watered every day, and is worshipped by the inmates of the house. From

12:Peter E-5 (1939, 1949) 1963 AWll Kerala AWll

Thandans. With the latter, a lot of men were known for their proclivities of this sort, and they were nearly as bad as the Moplas, I was told. The latter were very much addicted to sodomy, but then it was part of their culture, and had been acquired with Islam from the Arabs.

There was no impotence or frigidity in Kerala, not with any caste, I heard. People were far from "cold" and passion, rather, was the rule. I was given a long description of the consummate art with which the higher castes indulged in amorous pleasures and assured that the lower castes had only learned from them. It seemed, however, that the Thandans could never hope to excel in these matters, especially the women who were still far from being the "angels" which those of their superiors undoubtedly were.

Asked about crime, neurosis, and insanity, my interpreters said that, to their knowledge, there was little of these in the area. As only recently, since my arrival in Shoranur, a Thandan woman had assassinated her husband, I remarked on the circumstance and asked them how they reconciled it to their statement. They replied that it was an exceptional event, and that for a long time previously, nothing of the sort had happened. People, on the whole, were docile and not aggressive. They did not even indulge in poisoning, which occurred quite frequently in other parts of the country. Again, insanity seemed to be restricted to the Moplas, who, apart from occasionally running amok as is well known, had members of their community frequently tied up in a mosque or to iron stakes, in the hope that they could thus be cured.

D. POLYANDRY AND SOCIAL CHANGE IN KERALA

Unquestionably, polyandry no longer thrives as it did in Kerala and research into what changes have brought about this situation over the last two hundred years cannot fail to be of interest. I myself, having returned to the area after an absence of ten years, was able to notice many alterations, although these were not sufficient to warrant any specific consideration. Dr A. Aiyappan, Superintendent, Government Museum, Madras, has made a particular study of the Irava community, and in his publications on this subject, and on the more special aspect of polyandry in other castes of Malabar, has shown what factors are involved and how foreign contact has undermined the old culture and is bringing a new one into existence. Readers are referred to his books and articles listed in the Bibliography. I give here a brief outline of his

13;Thurston & Rangachari E-4, 5 (no date) 1909
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dance, round by south to the westward, and, leaving the enclosure, proceeds to a certain banyan tree, under which is a high raised platform built up with earth and stones. Preceding the procession at a distance of fifty yards are the nine men of the Tiyan caste mentioned already, carrying kalasams on their heads, and a crowd of women of the same caste, each one carrying a pewter plate, larger than the plates used when encircling the fire pit, on which are rice, etc., and the burning wick as before. The plate and its contents are on this occasion, as well as before, called talapōli. I could not make out that anything in particular is done at the banyan tree, and the procession soon returns to the temple, the nine men and the Tiyan women following, carrying their kalasams and talapōli. On the way, a number of cocks are given in sacrifice by people under a vow. In the procession are a number of devil-dancers, garlanded with white flowers of the pagoda tree mixed with red, jumping, gesticulating, and shouting, in an avenue of the crowd in front of the elephant bearing the sword. The person under a vow holds the cock towards one of these devil-dancers, who, never ceasing his gyrations and contortions, presently seizes its head, wrings it off, and flings it high in the air. The vows which are fulfilled by this rude decapitation of cocks have been made in order to bring about cure for some ailment. The procession passes through the temple yard from west to east, and proceeds half a mile to a banyan tree, under which, like the other, there is a high raised platform. When passing by the temple, the Tiyan women empty the contents of their plates in the fire pit as before, and the nine men hand over the arrack in their kalasams to the temple servants. Let me note here the curious distribution of the rice which is heaped in the fire pit.

[782] [755]

788 796 782 trunk, and another pulls out its neck by the head, and, in the twinkling of an eye, by the intervention of a sharpened knife, the head is severed from the trunk. The blood then gushes forth in forceful and continuous jets, and is poured on a piece of granite specially reserved. Then another is similarly slaughtered, and then as many as each of the pilgrims can bring. In no length of time, the whole of the temple yard is converted into one horrible expanse of blood, rendering it too slippery to be safely walked over. The piteous cries and death throes of the poor devoted creatures greatly intensify the horror of the scene. The stench emanating from the blood mixing with the nauseating smell of arrack renders the occasion all the more revolting. 796 788 755 782 One other higher and more acceptable kind of offering requires more than a passing mention. When a man is taken ill of any infectious disease, his relations generally pray to this goddess for his recovery, solemnly covenanting to perform what goes by the name of a thulabharum ceremony. This consists in placing the patient in one of the scale-pans of a huge balance, and weighing him against gold, or more generally pepper (and sometimes other substances as well), deposited in the other scale-pan. Then this weight of the substance is offered to the goddess. This is to be performed right in front of the goddess in the temple yard. 788 796 The usual offerings being over, the homeward journey of the pilgrims is begun. Though the festival is called Bharani, yet all the pilgrims must vacate the temple on the day previous to the Bharani day. [776] For, from that day onwards, the temple doors are all shut up, and, for the next seven days, the whole place is given over to the worst depredations of the countless demons over whom this blood-thirsty goddess holds sway. No human beings can safely remain there, lest